| SEC Form 4 |  |
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## FORM 4

Check this box if no longer subject

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

| OMB Number:        | 3235-0287 |
|--------------------|-----------|
| Estimated average  | burden    |
| hours per response | : 0.5     |

| to Section 16. Form 4 or Form 5<br>obligations may continue. See<br>Instruction 1(b). |   | ant to Section 16(a)<br>ection 30(h) of the In         |           |         |               |               | )34  |  | Estimated average<br>nours per respons                     |                                  |  |
|---|---|--|-----------|---------|---------------|---------------|--|--|--|----------------------------------|--|
| 1. Name and Address of Reporting Person*<br><u>FORESE JAMES J</u>                     |   | suer Name <b>and</b> Tick<br>stras Group, Ir           |           | 0       | Symbol        |               | ationship of Rep<br>k all applicable)<br>Director<br>Officer (give | 10   | ) to Issuer<br>1% Owner<br>:her (specify                   |                                  |  |
| (Last)(First)(Middle)C/O MISTRAS GROUP195 CLARKSVILLE ROAD                            |   | ate of Earliest Transa<br>25/2020                      | action (M | /onth/  | Day/Year)     |               | below)   |  | low)   |                                  |  |
|   | 4. lf                                     | Amendment, Date of                                     | f Origina | l Filed | d (Month/Day/ |               | 6. Individual or Joint/Group Filing (Check Applicable              |  |  |                                  |  |
| (Street)<br>PRINCETON<br>JUNCTION NJ 08550  |   |  |           |         |               |               | Line)<br>X   |  | y One Reporting<br>y More than One                         |                                  |  |
| (City) (State) (Zip)  |   |  |           |         |               |               |  |  |  |                                  |  |
| Table I - No  | n-Derivative                              | Securities Acq   | uired,    | Dis     | posed of,     | or Ben        | eficially  | / Owned  |  |                                  |  |
| 1. Title of Security (Instr. 3)   | 2. Transaction<br>Date<br>(Month/Day/Year | Execution Date, Transaction Disposed Of (D) (Instr. 3, |           |         |               |               |  | 5. Amount of<br>Securities<br>Beneficially<br>Owned Follow<br>Reported | 6. Ownersl<br>Form: Dire<br>(D) or Indir<br>(I) (Instr. 4) | ct of Indirect<br>ect Beneficial |  |
|   |   |  | Code      | v       | Amount        | (A) or<br>(D) | Price  | Transaction(s)<br>(Instr. 3 and 4)                                     |  |                                  |  |
| Common Stock  | 08/25/2020                                |  | A         |         | 8,753(1)      | A             | \$ <mark>0</mark>  | 101,413  | D  |                                  |  |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transa<br>Code (<br>8) |   | Secu<br>Acqu<br>(A) o<br>Dispo<br>of (D) | rative<br>rities<br>ired<br>r<br>osed<br>)<br>. 3, 4 | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |                    | Amount of<br>Securities |  | Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---|---|--|---|------------------------------|---|--|--|--|--------------------|-------------------------|--|--------------------------------------|--|--|--|
|   |   |  |   | Code                         | v | (A)                                      | (D)  | Date<br>Exercisable  | Expiration<br>Date | Title                   | Amount<br>or<br>Number<br>of<br>Shares |                                      |  |  |  |

Explanation of Responses:

1. Transaction represents an award of stock for director fees.

| Michael C. Keefe, Attorney- |
|-----------------------------|
| in-Fact for James J. Forese |

08/25/2020

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.