| SEC Form 4 |  |
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### FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

|  | Check this box if no longer subject to<br>Section 16. Form 4 or Form 5<br>obligations may continue. See<br>Instruction 1(b). |
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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

#### OMB APPROVAL OMB Number: 3235-0287

| I |                          |  |     |
|---|--------------------------|--|-----|
|   | Estimated average burden |  |     |
|   | hours per response:      |  | 0.5 |
|   |                          |  |     |

| 1. Name and Address of Reporting Person <sup>*</sup><br>GLANTON RICHARD H |  |       | 2. Issuer Name <b>and</b> Ticker or Trading Symbol<br><u>Mistras Group, Inc.</u> [ MG ] |                        | tionship of Reporting Person(s) to Issuer<br>all applicable)<br>Director 10% Owner              |                       |  |
|---|--|-------|---|------------------------|---|-----------------------|--|
|   | Last) (First) (Middle)<br>C/O MISTRAS GROUP, INC.<br>95 CLARKSVILLE ROAD |       | 3. Date of Earliest Transaction (Month/Day/Year)<br>08/12/2019                          |                        | Officer (give title<br>below)   | Other (specify below) |  |
| (Street)<br>PRINCETON<br>JUNCTION   | NJ   | 08850 | 4. If Amendment, Date of Original Filed (Month/Day/Year)                                | 6. Indiv<br>Line)<br>X | idual or Joint/Group Filing (<br>Form filed by One Repor<br>Form filed by More than (<br>Person | ting Person           |  |
| (City)  | (State)  | (Zip) |   |                        |   |                       |  |

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transa<br>Code (<br>8) |   | Disposed Of | I. Securities Acquired (A) or<br>Disposed Of (D) (Instr. 3, 4 and<br>5) |                   | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following<br>Benorted | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---------------------------------|--|---|------------------------------|---|-------------|---|-------------------|---|---|---|
|                                 |  |   | Code                         | v | Amount      | (A) or<br>(D)   | Price             | Reported<br>Transaction(s)<br>(Instr. 3 and 4)                            |   | (1150.4)  |
| Common Stock                    | 08/12/2019                                 |   | A                            |   | 2,432(1)    | A   | \$ <mark>0</mark> | 24,840  | D   |   |
| Common Stock                    |  |   |                              |   |             |   |                   | 2,110   | I   | See<br>Note <sup>(2)</sup>  |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transa<br>Code (<br>8) |   | of<br>Deriv<br>Secu<br>Acqu<br>(A) or<br>Dispo<br>of (D) | Verivative (Month/Day/Year)<br>iscurities<br>(A) or<br>Visposed<br>of (D)<br>Instr. 3, 4 |                     | xpiration Date Amount of |       |  | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | Ownership<br>Form: | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---|---|--|---|------------------------------|---|--|--|---------------------|--------------------------|-------|--|---|--|--------------------|--|
|   |   |  |   | Code                         | v | (A)  | (D)  | Date<br>Exercisable | Expiration<br>Date       | Title | Amount<br>or<br>Number<br>of<br>Shares |   |  |                    |  |

Explanation of Responses:

1. Transaction represents an award of stock for director fees.

2. Held in trust for Mr. Glanton's daughter; Mr. Glanton has voting and dispositive power.

Michael C. Keefe, attorney-infact for Richard H. Glanton

08/13/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.