FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
obligations may continue. See Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  DEBENEDICTIS NICHOLAS					2. Issuer Name and Ticker or Trading Symbol Mistras Group, Inc. [ MG ]									heck all	ship of Reportii applicable) rector	*			
(Last) (First) (Middle) C/O MISTRAS GROUP 195 CLARKSVILLE				08/	3. Date of Earliest Transaction (Month/Day/Year) 08/12/2019									be	ficer (give title low)	- Filin v (6	Other (specify below)		
(Street) PRINCETON JUNCTION NJ 08550				4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
(City)	(St	ate) (2	Zip)																
		Tabl	e I - Nor	-Deriv	ative	Se	curitie	s Ac	quired,	Dis	posed o	f, or	Bene	ficia	lly Ow	ned			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					ar)   i	Executio If any	a. Deemed decution Date, any onth/Day/Year)				ecurities Acquired (A) posed Of (D) (Instr. 3, 4			nd Sed Ber Ow	mount of urities eficially ned Following orted	6. Owne Form: D (D) or In (I) (Instr.	irect direct	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount		A) or D)	Price	Tra	isaction(s) tr. 3 and 4)			(Instr. 4)
Common Stock 08/12/					2/2019	/2019			A		2,432(	1)	Α	\$(		58,021	D		
Common Stock														25,000	I		By Spouse		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, ecurity or Exercise (Month/Day/Year) if any			Date,	4. Transaction Code (Instr. 8)		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expiratio	6. Date Exercisable an Expiration Date (Month/Day/Year)			Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price of Derivative Security (Instr. 5)		Own Forn Dire or In (I) (II	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Exercisal		Date	Title	Shar	es		1			

## **Explanation of Responses:**

1. Transaction represents an award of stock for director fees.

Michael C. Keefe. attorney-infact for Nicholas DeBenedictis

08/13/2019

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.