FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to	STA
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

ATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FORESE JAMES J				2. Issuer Name and Ticker or Trading Symbol Mistras Group, Inc. [MG]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
							-							X Dir	ector	10%	Owner	
(Last) (First) (Middle) C/O SFN GROUP INC 2050 SPECTRUM BOULEVARD				01/	3. Date of Earliest Transaction (Month/Day/Year) 01/15/2014										cer (give title ow)	Othe belov	(specify ()	
(Street) FT. LAUDEF			33309 Zip)		4. If	Ame	ndment	, Date o	of Origina	l Filed	(Month/Da	ay/Yea	r)	6. I	e) X Fo	m filed by On	o Filing (Check e Reporting Per re than One Re	son
(0.13)																		
		Tabl	e I - Nor			_			_	Dis					lly Owr	ed		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Day/Year) Ex		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)					d Secu Bene	nount of rities ficially ed Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
										v	Amount (A) or (D)		A) or D)	Price	Tran	saction(s) : 3 and 4)		(Instr. 4)
Common Stock 01/15/				/2014				A 1,50		1,507((1) A \$0			57,706				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ivative Conversion Date Execution Date, urity or Exercise (Month/Day/Year) if any		Date,	4. Transaction Code (Instr. 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		9	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amo or Num of Shai	ber				

Explanation of Responses:

1. Transaction constitutes an award of stock for director fees.

Michael C. Keefe, Attorney-in-Fact for James J. Forese

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.